

HOW TO FIND US....

BY ROAD FROM THE M3

At Junction 4 of the M3, take the A321 to Sandhurst then follow the A3095 where signposts to TRL can be found.

BY ROAD FROM THE M4

At junction 10 of the M4 take the A329(M) to Bracknell. Follow the signs to Crowthorne and join the A3095 where signposts to TRL can be found.

BY RAIL

From London Waterloo to Bracknell (SW Trains). Trains every 15-20 mins; journey time 58 mins.

From Reading to Bracknell. Trains every 15-20mins; journey time 20 mins. Taxi, bus or 20 min cycle ride from Bracknell Station.

Crowthorne station is on the Gatwick-Guildford-Wokingham line (Thames Trains).

10 min cycle ride and 40 min walk from Crowthorne station. No taxis are available. 15 min cycle ride from Wokingham station. Taxi and bus available.

Most trains serving these stations carry your bike for free.

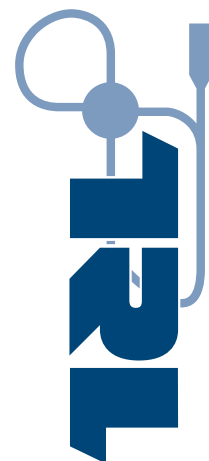
(If you would like more information regarding cycle routes, contact TRL's Bicycle User Group on 01344 770010 or email: nguthrie@trl.co.uk)

BY BUS

From Heathrow: Rail-Air-Link Coach to Reading, then train to Bracknell or BEELINE bus (190/191/192) from central bus station stand 6 to Bracknell bus station (1hr) then bus 194 to TRL (15mins). Service 194 runs hourly from Bracknell to Camberley and stops outside TRL main gate. From Heathrow purchase a BUZZABOUT ticket on the bus - this can be used on all BEELINE buses for the rest of the day.

Express Coach **from London Victoria** (X7/X9) to Crowthorne. Approximately hourly service, journey time 90 mins.

Bus enquiries: 01344 424938.



TRL

OLD WOKINGHAM ROAD

CROWTHORNE, BERKS

RG45 6AU

Tel: +44 (0) 1344 773131

Fax: +44 (0) 1344 770356

Email: business_enq@trl.co.uk

Web: www.trl.co.uk

WHERE TO FIND US.....

LOCAL ROUTEFINDER

